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Regression Discontinuity in Time: Considerations for Empirical Applications

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Abstract

Recent empirical work in several economic fields, particularly environmental and energy economics, has adapted the regression discontinuity (RD) framework to applications where time is the running variable and treatment begins at a particular threshold in time. In this guide for practitioners, we discuss several features of this regression discontinuity in time framework that differ from the more standard cross-sectional RD framework. First, many applications (particularly in environmental economics) lack cross-sectional variation and are estimated using observations far from the temporal threshold. This common empirical practice is hard to square with the assumptions of a cross-sectional RD, which is conceptualized for an estimation bandwidth shrinking even as the sample size increases. Second, estimates may be biased if the time-series properties of the data are ignored (for instance, in the presence of an autoregressive process), or more generally if short-run and long-run effects differ. Finally, tests for sorting or bunching near the threshold are often irrelevant, making the framework closer to an event study than a regression discontinuity design. Based on these features and motivated by hypothetical examples using air quality data, we offer suggestions for the empirical researcher wishing to use the RD in time framework.

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1. INTRODUCTION

As noted by Lee & Lemieux (2010, p. 282), the use of the regression discontinuity (RD) framework has expanded rapidly in economics for two reasons: (a) "RD designs require seemingly mild assumptions compared to those needed for other nonexperimental approaches"; and (b) "the belief that the RD design is not 'just another' evaluation strategy, and that causal inferences from RD designs are potentially more credible than those from typical 'natural experiment' strategies." An increasingly popular application of the RD design uses time as the running variable, with a treatment date as the threshold. Examples of this regression discontinuity in time (RDiT) are given in **Table 1**. Articles using RDiT span fields that include public economics, industrial organization, environmental economics, marketing, and international trade. Many are published in high-impact journals and, as of the writing of this review, have received a cumulative citation count of around 1,100. In this review, we describe potential pitfalls affecting RDiT, illustrate these pitfalls via simulations, and offer practical advice to researchers considering RDiT.

Many—although not all—of the publications using RDiT estimate treatment effects of environmental and energy policy.² As a hypothetical example, imagine that some regulation caused all coal-fired power plants in the United States to install an emissions control device at the same time, on the same day. The hypothetical RDiT researcher could then examine the impact on ambient air quality by estimating the change in pollution concentrations in the air at the time the policy occurred. The typical RDiT application in energy and environmental economics shares many features with this hypothetical example: (a) There is no available cross-sectional variation in policy implementation, so a difference-in-difference framework is not possible; (b) ambient air quality data are available at a daily or hourly frequency over a long time horizon (e.g., years); and

Table 1 Examples of regression discontinuity in time (RDiT) publications

Publication	Journal	Setting
Anderson (2014)	American Economic Review	Traffic
Auffhammer & Kellogg (2011)	American Economic Review	Air quality
Bento et al. (2014)	American Economic Journal: Economic Policy	Traffic
Burger et al. (2014)	Transportation Research Part A	Car accidents
Busse et al. (2006)	American Economic Review	Vehicle prices
Busse et al. (2010)	Marketing Science	Vehicle prices
Chen & Whalley (2012)	American Economic Journal: Economic Policy	Air quality
Chen et al. (2009)	Journal of Marketing Research	Customer satisfaction
Davis (2008)	Journal of Political Economics	Air quality
Davis & Kahn (2010)	American Economic Journal: Economic Policy	Vehicle sales
De Paola et al. (2013)	Empirical Economics	Car accidents
Gallego et al. (2013)	Journal of Public Economics	Air quality
Grainger & Costello (2014)	Journal of Environmental Economics and Management	Fisheries
Lang & Siler (2013)	Energy Policy	Energy use

¹Citation counts were retrieved from Google Scholar on January 29, 2018. This represents a greater than 50% increase in citations since our last count in mid-2016.

²A possible explanation for the proliferation of RDiT in energy and environmental economics, relative to other applied microeconomics fields, is the availability of high-frequency time-series pollution data.

(c) there are many potential time-varying confounders, which are assumed to change smoothly across the date of the policy change.

In contrast, a hypothetical cross-sectional RD might, for example, be based around a policy that required the device only for power plants above a certain size threshold (say, 1,000 MW). The RD researcher could then compare air quality near power plants just above and below the threshold (e.g., with 990 to 1,010 MW). In this RD, the researcher observes many units near the threshold, and other confounders are assumed to change smoothly across the size threshold.³

In this review, we argue that the most common deployment of RDiT faces an array of challenges—due primarily to its reliance on time-series variation for identification. The use of time-series variation renders the traditional RD toolkit (for example, as described in Lee & Lemieux 2010) unavailable to the researcher. Researchers implementing RDiT are advised to be aware of the multiple ways in which the framework differs from an experimental ideal. We point to three potential pitfalls by conducting Monte Carlo simulations and providing recommendations for empirical researchers.

First, many RDiT designs in the existing literature have required observations far from the temporal threshold. Identification in cross-sectional RD designs rests upon a conditional expectation as one approaches the threshold—thus relying on a mass of cross-sectional units just above and below the threshold. However, because the RDiT framework is frequently used in studies with no (or insufficient)⁴ cross-sectional identifying variation, the sample is too small for estimation as the bandwidth narrows around the threshold. As a result, many RDiT researchers expand the time dimension, T, to obtain sufficient power—thus relying on observations away from the threshold. In contrast, the typical cross-sectional RD can, in theory, increase the sample size by growing N even while approaching the threshold. The use in RDiT of observations remote (in time) from the threshold is a substantial conceptual departure from the identifying assumptions used in a cross-sectional RD, and we show it can lead to bias resulting from unobservable confounders and/or the time-series properties of the data-generating process.

Second, RDiT requires that the researcher consider the time-series nature of the underlying data-generating process. The time-series literature has developed methods to account for processes that are autoregressive, for instance, but these methods have not generally been applied in the RDiT context. We demonstrate that such methods are relevant for proper estimation and interpretation of short-run versus long-run effects.

Finally, the McCrary (2008) density test, which is standard in cross-sectional RDs, is often not applicable when time is the running variable. This test allows researchers to assess whether observed units have sorted across the threshold, i.e., into or out of treatment, which would lead to bias in the empirical estimates. When the density of the running variable is uniform (e.g., time), the test becomes irrelevant. As such, the researcher can evaluate sorting into or out of treatment only indirectly.

Commenters have noted the similarity between RDiT and other methods (Shadish et al. 2002). For instance, the identifying variation in RDiT is similar to that in interrupted time series or a simple pre/post comparison. Davis (2008) argues that an advantage of RDiT over a pre/post

³As another example, not from energy and environmental economics, a cross-sectional RD might estimate the impact of a tutoring program on student educational outcomes. To qualify for the program, a student would need to have scored below some threshold (say, 500 points) on an exam. The researcher would then look at student outcomes after the program only for students with exam scores close to 500 points.

⁴Some RDiT studies observe data series at multiple locations, but with policy implementation occurring at a single date for all locations. Thus any spatial correlation will undermine the cross-sectional variation. Other articles observe data series at multiple locations, but estimate a separate RDiT for each individual location, so that asymptotics are conceptualized in *T*.

comparison is the ability to include flexible controls, driven by the high-frequency nature of the data used in most RDiT articles. These high-frequency data also invite comparisons to the widely used event study framework. However, while the context in which RDiT is used is often similar to the context in which event studies are used, the specifications used in practice have tended to be quite different, as has the discussion of identification. For instance, the widely cited event studies in environmental economics that have analyzed stock returns⁵ generally (*a*) do not use long time horizons, instead focusing on short windows around the event; (*b*) do not use a single time series, but rather panel data; and (*c*) do not use high-order polynomial controls in time.

This review clarifies how the RDiT framework as typically implemented differs from the cross-sectional RD. In doing so, we encourage researchers implementing RDiT to be aware of the ways the framework differs from an experimental ideal and to recognize that the failure of untestable assumptions can lead to biased results.

2. THE REGRESSION DISCONTINUITY IN TIME FRAMEWORK AND COMPARISON TO OTHER METHODS

2.1. The Regression Discontinuity Framework

In this section, we briefly lay out and compare the cross-sectional RD framework and the RDiT framework. We begin by revisiting the cross-sectional RD framework, with the main purpose to reiterate the notation that has become common in the RD literature, following Imbens & Lemieux (2008) and Lee & Lemieux (2010). For context, suppose a researcher wishes to evaluate the impact on air quality of the policy described in the introduction: a policy that requires a pollution control device only for power plants above a certain size threshold, such as 1,000 MW.

The appeal of the RD approach can be most clearly seen through the lens of the Neyman-Rubin potential outcomes framework (Rubin 1974, Splawa-Neyman 1990) and the intuitive similarity to the randomized controlled trial (RCT). The empiricist cannot observe an individual power plant (i) in more than one state of the world at once, so she cannot explicitly compare an outcome such as nearby air quality (Y_i) under both treatment status (T) and control status (C). The causal treatment effect is logically well defined as the difference in the outcome variable in the two states of the world $(Y_i^T - Y_i^C)$, but it is unobservable at the individual level. Instead, empiricists seek to estimate the average treatment effect $E[Y_i^T - Y_i^C]$ using some representative sample of the relevant population. A comparison of average outcomes of subjects who receive treatment to that of subjects who do not receive treatment (i.e., $E[Y_i^T] - E[Y_i^C]$) provides an estimate of the average treatment effect. If the expected outcome of treated subjects—had they not been treated—is equal to the expected outcome of nontreated subjects, then an unbiased estimate of the causal impact of the treatment can be obtained.⁶

A well-designed experiment randomly assigns subjects into treatment or control status. One way to randomize would be to assign each subject a draw, ν , from a distribution. If the distribution is uniform over the range, say, [0,1], then a simple assignment rule can allocate subjects into control and treatment. For a 50/50 split, subjects with a draw of $\nu > 0.5$ are given the treatment, and those with $\nu < 0.5$ are not.

⁵Examples include Hamilton (1995), Konar & Cohen (1997), and Dasgupta et al. (2001).

⁶In the power plant example, the mean potential air quality under treatment near treated power plants must equal the mean potential air quality under treatment near untreated power plants. Similarly, the mean potential air quality without treatment near treated power plants must equal the mean potential air quality without treatment near untreated power plants.

The power and appeal of RD designs are derived from their close proximity to this experimental ideal. Lee & Lemieux (2010, p. 289) go so far as to describe RD designs as a "local randomized experiment." In the RD context, treatment occurs on one side, but not the other, of some threshold c for a treatment assignment variable X. That is, a treatment assignment variable X_i is observed for each individual i. Then, if $X_i > c$, the subject is treated, and if $X_i < c$, the subject is not. Typically, many units of observation fall in the neighborhood of the threshold, allowing estimation via a cross-sectional comparison of subjects just above and just below the threshold.

In the previous example, rather than randomly assigning a power plant's treatment status by, for example, flipping a coin, treatment in the RD framework is determined by whether the power plant is larger than 1,000 MW. While very small power plants (e.g., 100 MW) are likely to differ from very large power plants (e.g., 3,000 MW), the researcher may reasonably assume that power plants near the threshold are comparable (e.g., a 990-MW plant is comparable to a 1,100-MW plant). A credible RD design thus is conceptually similar to the randomized experiment described above: in the neighborhood of the threshold, whether *X* is above or below the threshold is as good as random. If true, RD designs can be analyzed, tested, and trusted similar to randomized controlled trials.

Lee & Lemieux (2010) develop a checklist of recommended diagnostics that can provide evidence on the quality of causal inference using RD estimates. The purpose of the checklist is, basically, to determine that there are no other explanations than the treatment itself for differences in outcomes between treatment and control subjects. If the empirical setting passes the tests, the RD is generally viewed as producing an unbiased estimate of the causal average treatment effect.⁸

2.2. The Regression Discontinuity in Time Framework

In the typical RDiT framework, the researcher knows the date c of a policy change. She assumes that for all dates t > c, the unit is treated, and for all dates t < c, the unit is not. This RDiT setup uses time-series data, for instance, daily or hourly observations, for a given geographic region (e.g., a city as in Chen & Whalley 2012 or a building as in Lang & Siler 2013). A common application in the energy and environmental economics literature is the evaluation of policies impacting air quality (see **Table 1**).

Returning to the power plant example, suppose the policy requiring a pollution control device takes effect on a particular date and impacts all power plants. Suppose the researcher does not observe emissions from individual firms, but rather ambient air quality within a city. Rather than observing air quality near some power plants that are treated and others that are not (as in the cross-sectional RD framework above), the researcher observes air quality near power plants that are treated in some periods and untreated in others. Among the identification challenges in such a setting are that (a) there is no cross-sectional variation in treatment, so no difference-in-differences

⁷We refer to this as the running variable throughout. It is also commonly referred to as the forcing variable in the RD literature.

⁸The estimate of the average treatment effect is local in the sense that it is representative only of the units of observation near the threshold; it may differ from the treatment effect for units far from the threshold.

⁹Some studies leverage cross-sectional variation by observing multiple geographic regions, although typically, the timing of the policy change is common to the different regions. Other studies observe multiple geographic regions but estimate a separate RDiT specification for each location. In either case, asymptotics are primarily or entirely in *T*, not *N*.

is possible;¹⁰ and (*b*) there are many confounders, such as changes in weather and emissions from other industries, that may change at the same time as the policy change.

In contrast to the time-series examples provided above, it is possible to imagine an RD context where time is the running variable but the framework approaches the as-good-as-random interpretation of a cross-sectional RD. We would exclude such an empirical context from the RDiT class. Consider the study of Ito (2015), which uses time as the running variable but relies on asymptotics in N. The time threshold in that study determines eligibility for an electricity rebate program. Customers who initiated service after the threshold date were ineligible, whereas those before were eligible. This threshold date was set retroactively, long after it had passed. To return to the power plant example, a comparable RDiT would be if coal plants built after the year 2001 were required to install emissions controls, and this policy were announced and took effect in the year 2010. For Ito's design, there is a credible claim to exogeneity of service initiation date with respect to the threshold (no sorting behavior), a substantial mass of customers on either side of the threshold (asymptotics in N), and the ability to deploy the standard toolkit of cross-sectional RD diagnostics. This design differs markedly from that in studies relying on a time threshold and identifying based on asymptotics in T (rather than N).

2.3. Conceptual Differences Between Regression Discontinuity and Regression Discontinuity in Time

When we compare the cross-sectional RD with the RDiT, several conceptual differences emerge. The first is one of interpretation. The previous sections described a local randomization interpretation of the RD design in which, within a small neighborhood around the threshold, treatment status can be thought of as essentially akin to a roll of a die. As noted by Jacob et al. (2012), although some researchers have focused on local randomization, others have emphasized instead the RD as characterized by the discontinuity at a threshold. The randomization characterization is emphasized by, for instance, Lee (2008) and Lee & Lemieux (2010), whereas the discontinuity characterization is emphasized by Hahn et al. (2001). In part, the distinction is about whether the RD framework is closer to a randomized experiment than are other quasi-experimental frameworks, a matter of some debate (Shadish et al. 2002). The RDiT framework in the power plant example clearly accords with the discontinuity at a threshold interpretation of RD designs (where the discontinuity is at a moment in time), but it is less clear that it accords with the local randomization interpretation of RD.11 The running variable is time itself—and time cannot be thought of as randomly assigned within a neighborhood around a threshold.¹² To the extent that the RD framework is simply another quasi-experimental framework (one that uses a discontinuity), RDiT is conceptually similar. To the extent that RD is closer to a randomized trial (i.e., uses a local randomization), RDiT is conceptually distinct.

¹⁰RDiT can also provide value in settings where difference-in-differences is possible but limited in some way. For instance, Auffhammer & Kellogg (2011) use a difference-in-difference framework as part of their analysis, but they additionally use the RDiT approach because they are interested in heterogeneous treatment effects across space. Some articles also compare RDiT and difference-in-difference estimates, such as Chen & Whalley (2012) and Gallego et al. (2013)—this comparison can be useful where an untreated unit exists but its validity as a control is in doubt.

¹¹A brief discussion of RDiT is given in Lee & Lemieux (2010), motivated by the large number of studies that use age as the running variable. The focus of that discussion is on the inevitability of treatment.

¹²The threshold itself (the particular date the treatment is implemented) is also not generally randomly assigned; rather, it is chosen by policy makers and announced in advance.

A second, and more important, difference between RD and RDiT is the way in which the sample size is allowed to grow. The standard RD is identified in the *N* dimension, allowing the researcher to grow the sample size even as the bandwidth shrinks arbitrarily around the threshold. In contrast, RDiT is typically identified using variation in the *T* dimension—of the 14 articles we cite, only three use cross-sectional variation in the treatment date. When using a time series of air quality data with a single treatment date, a researcher cannot grow the sample size while simultaneously shrinking the bandwidth (the proximity to the threshold). Rather than simply a matter of interpretation, the inability to grow the sample size near a threshold poses operational problems for the empirical researcher. RDiT studies tend to rely on observations quite far (in time) from the threshold, leaving the researcher more vulnerable to bias from unobservable confounders. The majority of the RDiT literature we examine uses a sample size of at least two years, and several use eight years or more—a period over which many unobservable changes could occur.

A related difference between RD and RDiT is the need to include control variables. In the cleanest cross-sectional RD, since treatment is as good as random within a narrow bandwidth, few controls are needed. Researchers include a control for the running variable itself, so that the necessary assumption is simply that the association between the running variable and the potential outcomes is smooth. Other covariates can be included to reduce noise and increase precision, but they are not needed for an unbiased estimate (Lee & Lemieux 2010). In contrast, in the RDiT setting, unobservables correlated with the running variable may have discontinuous impacts on the potential outcome. For instance, supposing that the power plant policy were implemented on a Monday, and the researcher observed air pollution at the daily level, it is hard to imagine that the potential outcome evolves smoothly from the weekend to the beginning of the work week. Of the 14 articles we cite, all but one include discontinuous controls such as day-of-week or weekend effects. The impact of such covariates is in part what prevents the researcher from using a very narrow window: One could not simply compare the day before the threshold to the day after. As a result, covariates in the RDiT context may need to be included as controls to prevent bias, rather than simply to improve precision.

Finally, the assumptions needed for inference are different from those in the cross-sectional RD. In particular, the errors are likely to exhibit persistence. We refer the reader to the large time-series literature for how to deal with serially correlated errors.

Two additional observations are worth noting with regard to inference. First, for a local linear RDiT framework, small-sample inference may be necessary. This differs from the typical implementation of the cross-sectional RD, where the researcher may have a large sample even close to the threshold. Second, some series (such as commodity prices) will contain unit roots, and as such, require different procedures for inference than are found in cross-sectional RD designs.

3. MONTE CARLO SIMULATIONS

In this section, we describe Monte Carlo simulations that allow us to examine and decompose threats to identification in the RDiT and to test potential remedies. Using real-world pollution monitoring data as a base, we impose simulated treatment effects. Essentially, we are simulating the impact of a policy such as the one described previously, in which power plants are required to install an emissions control device. We then attempt to retrieve the policy impact using RDiT approaches. In addition to results using real-world pollution monitoring data (with a simulated

¹³Some studies have multiple cross-sectional sites, but with a common treatment date. Others have multiple treatment dates but run the RDiT specifications on site-specific time series.

treatment), we present results using simulated data in which we control the data-generating process completely. While the former data set has properties similar to data used in many existing RDiT applications, the latter allows us to examine how our results might generalize to other settings.

For the results using air quality data, we use the daily ozone and weather data from Auffhammer & Kellogg (2011). We drop monitors in California, as those are subject to the sharply discontinuous treatment found in their study. It is important to note that the remaining monitors may also face confounding treatments, such as (unobserved to the researcher) environmental regulations. However, these are the sorts of confounders that the RD approach is meant to control for. We restrict the sample to those monitors open for the entire sample period and with no two-month gaps in coverage, leaving us with 108 monitors. The data contain daily observations of the maximum measured ozone concentration. As is standard in the literature, we use the log of ozone concentrations. Control variables include daily minimum and maximum temperature and daily rain and snowfall totals. Supplemental Table 1 gives summary statistics.

Supplemental Material >

The first set of Monte Carlo simulations is aimed at demonstrating how the RDiT method recovers the true causal treatment effect when the estimating equation is correctly specified. We begin by constructing a simulated treatment effect that begins at a known start date (using 10 randomly selected start dates). Then for each monitor's data series $x_{i,t}$, and using $\beta = -0.2$, we construct our outcome variable, $y_{i,t} \equiv x_{i,t} + \beta \cdot \mathbb{1}\{t \geq t_{\text{start}}\}$. A representative figure of both the true pollution data series $x_{i,t}$ and the constructed outcome variable $y_{i,t}$ is given in **Supplemental Figure 1**.

We evaluate the RDiT method for our constructed outcome variable. We assume the researcher knows the true start date and wishes to uncover the treatment effect β . We run the usual RDiT regressions, using both a polynomial approach and a local linear approach. For the polynomial specifications, we follow Davis (2008) and use an eight-year window around the treatment start date. We show results both using a global polynomial for the entire sample period and using separate polynomials for the pre- and postperiods. As is standard in the air pollution policy evaluation literature, we control in all specifications for seasonality with month effects and day of week effects and for weather using cubic functions of minimum daily temperature, maximum daily temperature, rainfall, and snowfall.

Ambient air quality data can be highly variable (see, e.g., **Supplemental Figure 1**), so controls are important for absorbing noise. One difficulty with a local linear specification using only a few weeks of observations is that controls can be difficult to include. If the treatment happens to begin on a Monday, a local linear specification needs to separately identify the "Monday effect" from the treatment effect of interest. We propose an alternative to the standard local linear specification. We use a two-step procedure, which we refer to hereafter as augmented local linear. First, the impacts of weather and seasonality controls are estimated, and the residuals are saved, using an eight-year data window. Then, a local linear specification is estimated using just the residuals for dates that are within a narrow bandwidth, such as 30 days in the preperiod and 30 days in the

¹⁴We exclude potential start dates that do not have four years of data each for the pre- and postperiods. A full list of the treatment start dates is given in the **Supplemental Appendix**.

¹⁵For the local linear specifications, we use a rectangular kernel and 30 days of data in the pre- and postperiods—so the specification is an ordinary least squares regression with a linear time trend using only observations within one month of the treatment start date.

¹⁶The order of the polynomial is chosen by the Bayesian information criterion (BIC). The global polynomial specification allows up to order nine. When the polynomial is separated into a preperiod polynomial and postperiod polynomial, we use a BIC selection over all nine possible combinations of polynomials of order one, two, and three.

Table 2 Regression discontinuity in time estimates for simulated treatment, $\beta = -0.2$

	BIC-chosen: global	BIC-chosen: separate		Augmented	Pre-/post-, monthly
	polynomials	polynomials	Local linear	local linear	observations
a. Air quality data					
Estimated beta	-0.20	-0.21	-0.19	-0.18	-0.19
	(0.11)	(0.11)	(0.29)	(0.26)	(0.10)
Observations	2,822	2,822	59	59	96
	(72)	(72)	(3.5)	(3.5)	(1.0)
Polynomial order	4.0	1.7, 1.6	NA	NA	NA
	(2.9)	(0.8), (0.8)			
b. Simulated data					
Estimated beta	-0.20	-0.20	-0.19	-0.19	-0.19
	(0.07)	(0.08)	(0.51)	(0.51)	(0.08)
Observations	2,921	2,921	61	61	96
Polynomial order	1.0	1.0, 1.0	NA	NA	NA
	(0.05)	(0.03), (0.06)			

Each column of this table reports the mean treatment effect coefficient and number of observations across 2,080 regressions. The standard deviation of the estimate and number of observations are in parentheses. **Table 2a** uses ambient air quality data with a simulated treatment effect, whereas **Table 2b** uses white noise with a simulated treatment effect. For both parts, the true treatment effect is -0.2. The empirical specification varies across the columns; see text for details. Differences in the sample size across regressions arise because of missing data points in the air quality data series. Note that the observation count in column 4 is for the second estimation step; the first step uses the same number of observations as the polynomial specifications in columns 1 and 2. Abbreviations: BIC, Bayesian information criterion; NA, not applicable.

postperiod. The researcher can retrieve consistent estimates of standard errors by implementing a bootstrapping procedure that allows first-stage variance to be reflected in the second stage.

Additionally, to compare the RDiT approach using high-frequency data to a simple pre/post analysis where high-frequency data are not available, we collapse the data into monthly averages and run a regression that controls for the weather and seasonality variables as well as a linear trend. We run a separate regression for each monitor. For all results, we show the average and its standard deviation across the 10 randomly selected start dates and 108 monitors.¹⁷

We also show Monte Carlo simulations for a data set in which the counterfactual is simply an error term that follows a standard normal distribution (the realization of a Gaussian white noise process). The length of the observed data series is the same as for the air quality data, and we show results for 1,000 iterations. We again construct a treatment effect beginning at the known start date: $y_{i,t} \equiv \beta \cdot \mathbb{1}\{t \geq t_{\text{start}}\} + \varepsilon_{i,t}$, where now $\varepsilon_{i,t} \sim N(0, 1)$.

As can be seen in **Table 2**, the RDiT performs well when the treatment start date is precisely known by the researcher and the treatment effect is constant over time. All five columns show estimates close to the true treatment effect, although with varying degrees of precision. The global polynomial results are more precise than the local linear, a standard finding in the RD literature. In **Table 2***a* (using air quality data), the augmented local linear, which strips out the effects of controls using a much longer data series, is less noisy than the traditional local linear,

¹⁷We report the standard deviation of the estimated treatment effect across all monitors and start dates to give a sense of the variation in the estimated treatment effect. The standard error of the mean of the estimates would naturally be smaller.

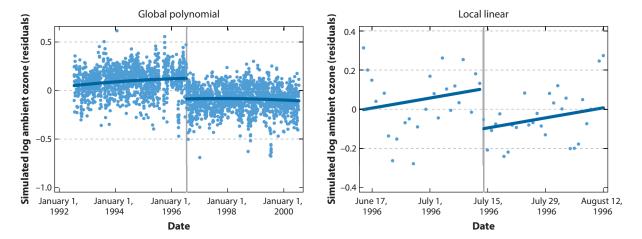


Figure 1

Representative regression discontinuity in time (RDiT) graphs, no confounders. These figures plot RDiT estimates for a single representative monitor, with separate panels for two different empirical specifications. Both panels show residuals after controls have been removed (blue circles) and a line fitted to those residuals (dark blue line). The left-hand panel uses a global polynomial approach, and the right-hand panel uses a local linear approach with 30 days of observations on either side of the treatment threshold (vertical gray line). Plots for additional specifications (separate pre/post polynomials, an augmented local linear approach, and a collapse to monthly averages) are provided in the **Supplemental Appendix**.

Supplemental Material >

as intended. In **Table 2***b*, which uses noise data, there are no controls needed, so the local linear and augmented local linear results are identical. The pre/post results in the right-most column are similar to the polynomial and local linear results, indicating that little has been gained by the use of high-frequency controls.

Figure 1 plots these results at a representative monitor, where representative is defined as having an estimated beta close to the average estimated beta. For space considerations, only the global polynomial and local linear approaches are plotted. **Supplemental Figure 2** shows plots for the other specifications. The left-hand panel shows the global polynomial estimation; the right-hand panel shows a local linear specification with a bandwidth of 30 days before and 30 days after the treatment date.¹⁸

Table 2, Figure 1, and Supplemental Figure 2 demonstrate how the RDiT method (whether implemented with a polynomial control, a local linear specification, or our augmented local linear specification) recovers the causal effect of interest when the estimating equation is correctly specified. Next, we examine how different implementations of the RDiT method perform when the estimating equation is not correctly specified.

4. SOURCES OF POTENTIAL BIAS

4.1. Time-Varying Treatment Effects

The RDiT data set frequently has little or no cross-sectional variation. A study might analyze outcomes relating to a single cross-sectional unit, or evaluate separate RDiT specifications for

¹⁸Although the BIC-chosen polynomial order happens to be low for this monitor, on average, the BIC-chosen order is 4 for the global specification (see **Table 2**).

each individual cross-sectional unit. In such cases, the researcher has two choices for increasing the sample size: (a) increasing the frequency of data (infill or fixed-domain asymptotics) or (b) expanding the time window (increasing domain asymptotics). In practice, RDiT practitioners have done both by using, for instance, daily data across several years. Both approaches have limitations. Increasing the frequency of the data will not add much power if the data are serially correlated. Expanding the time window increases the probability of bias, as data are added far from the threshold. This problem is not unique to RDiT; the RD literature has documented the bias/precision trade-off as the sample size increases away from the threshold. However, the problem could be more severe for an RDiT application because there is frequently only one cross-sectional unit.

Consider a time series of daily pollution levels, which will exhibit substantial noise from seasonality and weather—as mentioned in Section 2.2, a common RDiT application is the evaluation of a policy impacting ambient air quality. To absorb the seasonality and weather effects, the researcher will want to include several years of data, necessitating inclusion of observations far from the threshold date when the treatment begins. Two assumptions are then needed. First, the model must be correctly specified. Any potential confounders such as other policy changes, weather events, or changes in pollution from other sources must either be controlled for directly or be sufficiently well-absorbed by the global polynomial approximation. Of the papers we cite, all but one include controls (such as weather) in addition to time trends. Second, the researcher must correctly specify the treatment effect. In particular, she must take a stand on whether the treatment effect is smooth and constant throughout the postperiod, or whether it varies (and, if so, how). Importantly, these two assumptions may interact: The polynomial must be specified such that it is uncorrelated with any unobserved (or misspecified) variation in the treatment effect.

Of particular interest in environmental applications are time-varying treatment effects. A time-varying treatment effect violates the assumption (untestable in the RDiT framework) that the researcher has correctly specified the treatment variable. Again, this potential problem is not unique to RDiT—researchers using cross-sectional RD must address the possibility of heterogeneous treatment effects that vary with the running variable. However, the long sample window frequently used in RDiT (to aid with power) make this problem more relevant than in many cross-sectional RD settings. Recall that most of the literature we examine uses a sample window of multiple years.

All but three of the RDiT papers we examine assume a constant treatment effect in their main specification. Some discuss short-run versus long-run effects qualitatively, and a few examine the possibility of time-varying treatment effects using difference-in-differences. The RDiT method by itself does not allow for direct tests of time-varying treatment; either the researcher must assume how the treatment effect evolves over the sample window, or control units are required.

To demonstrate the impact of a time-varying treatment effect, we next return to the Monte Carlo simulations. We assume the treatment effect is not constant, and that this is not known to the researcher. Suppose the treatment effect lasts a given number of days $t_{\text{length}} \in [1, n]$, where n is the number of days in the postperiod. After t_{length} days, the true treatment effect goes immediately to zero. ¹⁹ Assume that, because the researcher does not know the treatment effect varies over time, she models a standard RDiT with a single dummy for the entire posttreatment period (recall that she accurately knows the start date). For this framework, we again estimate a global polynomial with BIC-chosen order and a local linear regression.

¹⁹In the Supplemental Appendix, we consider a smooth decay process, which may accord with adaptive behavior in general equilibrium.

Table 3 Treatment sharply decays after one year, $\beta_{\text{initial}} = -0.2$, and $\beta_{\text{long-run}} = 0$

	BIC-chosen: global	BIC-chosen: separate		Augmented	Pre-/post-, monthly
	polynomials	polynomials	Local linear	local linear	observations
a. Air quality data					
Estimated beta	-0.27	-0.29	-0.19	-0.18	-0.15
	(0.11)	(0.12)	(0.29)	(0.26)	(0.11)
Observations	2,822	2,822	59	59	96
	(72)	(72)	(3.5)	(3.5)	(1.0)
Polynomial order	5.9	1.7, 2.1	NA	NA	NA
	(2.3)	(0.8), (0.6)			
b. Simulated data					
Estimated beta	-0.16	-0.18	-0.19	-0.19	-0.15
	(0.08)	(0.10)	(0.51)	(0.51)	(0.08)
Observations	2,921	2,921	61	61	96
Polynomial order	1.1	1.0, 1.1	NA	NA	NA
	(0.33)	(0.03), (0.32)			

Each column of this table reports the mean treatment effect coefficient and number of observations across 2,080 regressions; see **Table 2** for details. In contrast to **Table 2**, the true treatment effect of -0.2 lasts only one year, then sharply drops to 0. Resulting estimates are sensitive to the specification, with some estimates too small and others too large.

Abbreviations: BIC, Bayesian information criterion; NA, not applicable.

Table 3 shows results for a treatment length of one year. The results are sensitive to the specification. The local linear specification performs well, as the treatment effect is constant within the window studied. However, the BIC-chosen global polynomial gives an estimate that could be either too large or too small. In **Table 3**a, the estimated treatment effect is substantially larger than the true beta, while in **Table 3**b the estimated effect is somewhat smaller than the true effect. The estimate in **Table 3**b would accord with intuition that the specification is giving an estimate between the true short-run (-0.2) and long-run (0.0) effects. However, this intuition does not hold in **Table 3**a. When the treatment lasts for one year with the simulated air quality data, the BIC-chosen polynomial gives an estimate that is larger (-0.27) than the true immediate effect (-0.2). One explanation is that the polynomial in time adjusts its shape. For the constant-treatment results in **Table 2**, the average polynomial order selected is 4. In contrast, for the time-varying treatment results in **Table 3**, the BIC-selected order is 6. Related concerns regarding the use of high-order polynomial controls have been raised by Gelman & Imbens (2017).

To see the overfitting of the polynomial, **Figure 2** shows a monitor for which the estimated treatment effect (discontinuity in the thin red line) is larger than the true effect (discontinuity in the thick blue line). Because of the noise in the series, this confounder is not apparent in the residuals to which the polynomial is fitted. While around half of the RDiT articles we examine mention the possibility of a difference between short-run and long-run treatment effects, we have not seen discussion of the possibility of bias (from, e.g., the polynomial overfitting). However, it

Supplemental Material >

²⁰In the **Supplemental Appendix**, we show results for a treatment length of one month.

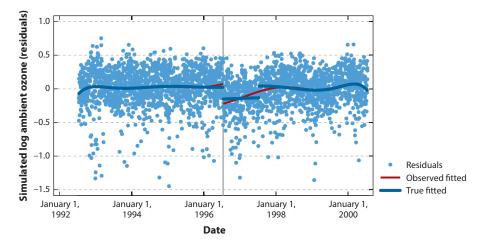


Figure 2

Global polynomial can overfit when treatment sharply decays. This figure plots the regression discontinuity in time (RDiT) estimate for a representative monitor, with an estimated treatment effect similar to the average in **Table 3a**. The blue circles plot the residuals (after removing covariates) of log ambient air quality with a simulated treatment effect of -0.2 lasting one year. The thick dark blue line shows the polynomial a researcher would fit when (correctly) modeling the temporary nature of the treatment. The thin red line shows the polynomial a researcher would fit when (incorrectly) modeling the treatment effect as constant. The vertical gray line indicates the threshold, i.e., the date when treatment begins. Four outliers have been used for estimation but dropped from the plot.

appears possible for the estimate to exhibit bias under a time-varying treatment effect, rather than approximating either the short-run or the long-run effect.

As can be seen by comparing **Tables 3** and **Supplemental Table 2**, the estimated effect also varies by the treatment length. To further explore the impact of time-varying treatment effects, we show plots in the **Supplemental Appendix** of the estimated effect for varying treatment lengths and polynomial orders (**Supplemental Figures 3–5**). We also explore a smooth decay process (**Supplemental Table 3**). With the global polynomial approach, we estimate effects both substantially smaller and larger than the true initial effect, depending on the decay process. Because the long-run effect is zero, estimates larger (in absolute value) than the short-run effect are not bounded by the initial and permanent effects. What these simulations make clear is that given a time-varying treatment effect, the global polynomial RDiT estimate may not simply be a weighted average of the short-run and long-run effects, nor is it simply the initial impact local (in time) to the threshold.

Finally, we have motivated these Monte Carlo simulations with the presence of time-varying treatment effects. However, the same Monte Carlo simulations could be used to understand the impact of unobservables correlated with time. For instance, a setting with a constant treatment effect combined with a sharply discontinuous unobservable of equal magnitude (and opposite sign) is observationally equivalent to the sharply discontinuous time-varying treatment effect modeled above. That is, it is easy to imagine settings where unobservables lead to the polynomial overfitting, even with a constant treatment effect.

4.2. Autoregression

The second potential pitfall we examine in RDiT implementation relates to its use of time-series data, which are likely to exhibit serial dependence. The first implication of this serial dependence

relates to inference. If there is serial dependence in the residuals, standard errors must account for it. The existing RDiT literature has generally addressed this by using clustered standard errors. The second implication is that autoregression in the dependent variable (even after accounting for serial correlation in the exogenous variables and the residuals) will impact estimation of short-run versus long-run effects. Local air pollution, for instance, can dissipate in minutes or days or weeks, depending on the pollutant and local atmospheric conditions (MacDonell et al. 2014).

This slow dissipation introduces dynamic effects not generally considered in the RDiT literature [the two exceptions of which we are aware are Chen & Whalley (2012) and Lang & Siler (2013)]. Consider the power plant policy described above, and suppose that the regulation will decrease emissions by β . The researcher observes daily pollution levels in the city for several years before and after the policy change. Assume that plant owners comply on the first date of the policy and there are no other confounders. Finally, suppose that the pollutant of interest dissipates at a rate of $1 - \alpha$ each day, implying that α remains from one day to the next. Then on the first day of the new policy, the treatment effect on air pollution levels will be a decrease of β . On the second day, however, the treatment effect will be a combination of lower emissions plus lower pollution left over from the previous day: $\beta + \beta \cdot \alpha$. The long-run effect will be $\frac{\beta}{1-\alpha}$.

The magnitude of the estimated treatment effect will depend on the specification and on the extent to which identification is being achieved from a discontinuity (i.e., as the bandwidth shrinks toward the threshold) or from time-series variation outside of the neighborhood of the threshold. If the study included only the day immediately before and the day immediately after the policy change, the estimated effect would be the short-run effect. With a longer window, it is not clear what will be recovered. With a longer window, the researcher could include the lagged dependent variable in estimation, then recover both the short-run and long-run effects if the regression is properly specified. However, if the researcher omits the lagged dependent variable, bias arises from a similar source as that of the time-varying treatment effects problem described above. Overfitting of the global polynomial may arise. The degree to which these dynamics will matter in practice depends on how large the true autoregressive coefficient is and on researcher choices about bandwidth and specification. High-frequency data, while allowing for more power, may be more likely to exhibit qualitatively important autoregression. The median frequency of the data used in the publications we examine is daily, and 11 of the 14 articles use daily or hourly data.

To explore how important autoregression might be in the air quality setting, we estimate the autoregressive AR(1) parameters for six pollutants at air quality monitors in the United States using daily data and controlling flexibly for seasonality and weather (**Supplemental Tables 5 and 6**).²¹ Overall, we obtain estimates of the AR(1) parameter of 0.3 to 0.5, varying by pollutant.²²

To examine how RDiT behaves in the presence of autoregression, we simulate an AR(1) process with varying degrees of dependence. The process is given by the following equation:

$$y_{i,t} \equiv \alpha \cdot y_{i,t,-1} + \beta \cdot \mathbb{1} \{t \ge t_{\text{start}}\} + \varepsilon_{i,t},$$

where the error component is standard normal. We fix $\beta = -0.2$ but allow α to vary from 0.1 to 0.9 in increments of 0.2. **Table 4** shows the estimated treatment effect when the autoregressive component is excluded from the regression.²³

²¹We use gridded daily weather data from Roberts & Schlenker (2009).

²²It is possible that some of this estimated autoregression is driven by serially correlated unobservables; see the **Supplemental Appendix**.

²³ For these data, note the specifications in the local linear and augmented local linear columns are in practice identical, as there are no controls to include the first step of the augmented local linear. In contrast, if an AR(1) term is included in the first step, the two estimation procedures will not be identical; see the **Supplemental Appendix**.

Table 4 Dropping AR(1) term, $\beta_{\text{initial}} = -0.2$, and $\beta_{\text{long-run}} = \frac{-0.2}{1-\alpha}$

	Implied	BIC-chosen:	BIC-chosen:			Pre-/post-,
AR(1)	long-run	global	separate	Local,	Augmented:	monthly
parameter α	treatment effect	polynomial	polynomials	linear	local, linear	observations
0.1	-0.22	-0.23	-0.22	-0.24	-0.24	-0.21
		(0.08)	(0.09)	(0.55)	(0.55)	(0.08)
0.3	-0.29	-0.29	-0.29	-0.30	-0.30	-0.28
		(0.11)	(0.12)	(0.68)	(0.68)	(0.10)
0.5	-0.40	-0.41	-0.40	-0.38	-0.38	-0.39
		(0.16)	(0.20)	(0.90)	(0.90)	(0.15)
0.7	-0.67	-0.68	-0.67	-0.52	-0.52	-0.65
		(0.38)	(0.42)	(1.34)	(1.34)	(0.24)
0.9	-2.00	-1.91	-1.90	-0.65	-0.65	-1.96
		(1.37)	(1.38)	(2.40)	(2.40)	(0.73)

Each column of this table reports the mean estimated treatment effect beta across regressions using 1,000 simulated data sets. The true data-generating process follows an AR(1) process with a true initial treatment effect of -0.2, and therefore, a long-run treatment effect of $-0.2/(1-\alpha)$. The estimation procedure does not include a lagged-dependent variable; as such, the table shows the impact of incorrectly ignoring a dynamic process. In general, the estimated beta coefficient approximates the long-run, rather than the short-run, treatment effect.

Abbreviation: BIC, Bayesian information criterion.

In general, the estimated effect approximates the long-run, rather than the short-run, effect—perhaps because the treatment effect approaches the long-run impact after only a few days. In this context, the long-run treatment effect may be more policy relevant. The policy maker is likely to be more interested in the stock of pollutants to which the population is exposed than to the flow of pollutants on any given day, so the retrieved effect may be of more policy relevance than the immediate effect. However, this aspect of the estimates in **Table 4** highlights that identification of the treatment effect in an RDiT setting is not achieved narrowly at the threshold, but rather relies on observations away from the threshold.

To uncover the true dynamic process, the researcher would need to include the lagged dependent variable in her regression. These estimates are provided in **Supplemental Table 7**. As expected, the BIC-chosen global polynomial gives accurate estimates of $\hat{\beta}$ and $\hat{\alpha}$, allowing the researcher to retrieve both the true short-run and long-run effects. The local linear also performs well, although with noise (as expected) and a downward bias on $\hat{\alpha}$ (typical for autoregression estimation in small samples). Note that when the data are collapsed to the monthly level, these two effects are not separable, and the estimated treatment effect is closer to the long-run effect.

In this section we have explored how an autoregressive process ought to be considered by the researcher. However, we have not yet discussed a closely related phenomenon: serial correlation in ε_{it} . The concentration of local pollutants may exhibit time dependence either due to its own natural decay rate or due to the persistence of factors that augment or dissipate it. For example, ozone is created as a function of ambient air temperature, which exhibits its own time dependence.

²⁴Of course, the dispersion of pollutants in the atmosphere cannot be completely modeled by the inclusion of a lagged-dependent variable. The dispersion is a function of weather (e.g., wind speeds and the existence of a thermal inversion) and the properties of the specific chemical compound of interest. What these simplified AR(1) simulations are meant to show is that dynamics in the endogenous variable introduce a type of time-varying treatment effect, which the researcher should address explicitly.

The researcher needs to think carefully about serial dependence in both ε_{it} and possibly y_{it} [via AR(1)]. If there is only serial dependence in ε_{it} , and not autoregression, then including a lagged-dependent variable would be a misspecification. In short, time dependence in the data-generating process may occur via different channels. When deploying the RDiT approach, decisions that the researcher makes may affect both the probability that the retrieved treatment effect estimate is biased and also its proper interpretation.

4.3. Sorting and Anticipation Effects

Finally, in a cross-sectional RD, a density test (e.g., McCrary 2008) is a key check for sorting behavior. It is generally used to rule out selection into or out of treatment, thus making it unnecessary to further control for it. When time is the running variable, however, it is generally not possible to test for such behavior around the threshold. While the researcher can check for discontinuities in other covariates at the threshold and for discontinuities in the outcome variable at other thresholds, the researcher cannot check for discontinuities in the conditional density of the running variable. That the density of the running variable (time) is uniform renders such tests logically irrelevant.

Consider the hypothetical power plant example. In this RD, the outcome variable would be air quality in a city, and the unit of observation would be a daily pollution monitor reading in that city. One could imagine a type of sorting in which power plants change their behavior to avoid the policy or to preemptively comply. For instance, some of the plants could decide to install the emissions control device early. Thus, the plant would be treated in the preperiod—this is analogous to the test scores example of a canonical RD in which an untreated student successfully changes her behavior in order to be treated. However, in the RDiT case there is an important difference relating to the researcher's ability to identify this behavior. With a cross-sectional RD, one can test for these effects (via the McCrary test, for example), but in RDiT with time-series data, it is untestable.

As a result, estimates retrieved from RDiT are of a compound effect: the causal treatment effect of interest (i.e., what we try to retrieve from, say, an RCT) and any unobserved sorting/anticipation/adaptation/avoidance effects that may exist but cannot be tested for. The extent to which the results should be interpreted solely as the causal treatment effect of interest depends on the researcher's ability to make a compelling case that the sorting effects are not present. Furthermore, the absence of these effects is a necessary but insufficient condition for identification, as we discussed above.

5. RECOMMENDATIONS AND CONCLUSION

We have demonstrated that the RDiT differs in conceptualization and in implementation from the cross-sectional RD. **Table 5** summarizes pitfalls that the RDiT researcher may encounter. Empirical researchers wishing to use RDiT ought to expose their assumptions to many opportunities to fail. Below, we offer a checklist along the lines of that in Lee & Lemieux (2010) applied to the context of RDiT. Recall that we have identified three main features of the RDiT setting that may induce bias: time-varying treatment effects, autoregression, and selection into or out of treatment. So, in addition to the standard cross-sectional RD diagnostics, researchers using RDiT should make every effort to test for and eliminate potential bias from those sources. Our recommendations focus on these issues. While there is some overlap with the suggestions from Lee & Lemieux (2010), the recommendations serve a different purpose in the context of time-series data. Additional suggestions from those authors should also be deployed whenever relevant.

Table 5 Summary of potential pitfalls for regression discontinuity in time practitioners

Potential pitfalls	Intuition
Unobservables correlated with time	Covariates are more important than in many cross-sectional regression discontinuities. Even with covariates included, bias is possible—for instance, a global polynomial control may overfit.
Time-varying treatment effects	Misspecification of the treatment effect will lead to bias, particularly when using a global polynomial control.
Autoregressive properties	Short- and long-run treatment effects will differ. Unless the nature of autoregression is known, estimates could approximate the short- or long-run effects, or neither.
Selection and strategic behavior	The running variable follows a uniform distribution across the discontinuity. It is thus impossible to test for sorting/selection around the threshold (e.g., the McCrary test).

- 1. Plot the raw data or residuals after removing covariates (e.g., weather). Overlay the various polynomial and local linear controls. If results differ across alternate time trends, it may be a sign of time-varying treatment effects.
- Present several robustness checks. When using a global polynomial, recognize the possibility
 of overfitting. Show robustness to polynomial order and robustness to alternative local linear
 bandwidths.²⁵
- Conduct placebo tests. Estimate parallel RDs on nearby geographical areas that were not subject to the treatment and using other dates.
- 4. Plot a parallel RD estimated on control variables (e.g., weather, economic activity) to demonstrate continuity.
- 5. Estimate a "donut" RD (removing observations near the threshold; see Barreca et al. 2011) to mitigate concerns about short-run selection/anticipation/avoidance effects.
- 6. Test for the presence of autoregression in the outcome variable of interest using preintervention data. If it is present, consider including the lagged-dependent variable as a regressor, and consult the time-series literature for additional options.
- 7. Consider deploying our augmented local linear methodology to increase power of the local linear specification. This two-step procedure uses the full sample to identify important regressors (e.g., temperature, various fixed effects), then estimates the conditioned second stage on a smaller sample bandwidth.²⁶ This procedure eliminates the need for a global polynomial and the overfitting concerns that accompany its use.

Many of these strategies have been deployed by some of the articles we cite, although not in a comprehensive way. **Table 6** displays the proportion of publications using these strategies. It is worth noting that, frequently, the robustness check is mentioned, but results are not shown; we include these instances in our counts. Passing these diagnostic tests is necessary but insufficient for identification, so consumers of RDiT should evaluate the evidence as they would any quasi-experimental evidence. There is no set of tests that, if passed, indicate that the desired causal effect has been retrieved. Instead, one must assess the preponderance of evidence, keeping in mind that

²⁵ In addition to multiple columns for different regression specifications, a plot of estimated treatment effects across bandwidths, as in figure 18 of Lee & Lemieux (2010), is informative.

²⁶Low power may be unavoidable in the augmented local linear specification. It is important to recognize that this is simply a feature of an RDiT that has little or no cross-sectional variation in the treatment status.

Table 6 Robustness checks used in the economics literature

Check	Proportion of publications
Plot of data	0.79
Robustness: bandwidth or polynomial order	0.79
Placebo	0.29
Regression discontinuity on continuous controls (e.g., weather, economic activity)	0.36
Donut regression discontinuity	0.14
Test for autoregression	0.14
Augmented local linear	0.14

We count the proportion of publications that conduct each check out of the 14 articles listed in **Table 1**. We include checks mentioned by the authors but not shown. It is worth noting that, whereas 79% of the studies conduct some sort of robustness check on either the bandwidth or the polynomial order, only 43% conduct checks on both the bandwidth and the polynomial order. Also, several studies conduct sensitivity to a polynomial of, e.g., order 7 versus 8 but not a lower order; both higher-order specifications may overfit.

certain features in the data-generating process will lead to different potential biases (or require stronger assumptions).

In this review, we have articulated reasons why using time as the running variable in a regression discontinuity design, an increasingly popular empirical strategy, is worth closer examination and a deeper understanding. RDiT requires assumptions for identification that are often strong and inherently untestable. When N=1, RDiT approaches should be considered as being more like event studies or prepost analyses than like randomized controlled trials. Publications should state clearly the extent to which identification relies upon observations far away from the threshold and should explore whatever options are available to mitigate concerns about autoregression and dynamic behavior. Although RD designs have been a tremendously valuable addition to the suite of identification strategies, we must also recognize that the RDiT framework strays in important ways from the experimental ideal.

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